

Specimen Sample Checklist

Please check off the following steps that are required in order to successfully send off a specimen sample.

- A sterilized **GLASS** bottle is being used to hold my specimen sample – NOT plastic.
- There are at least 2 oz. of urine.
- The glass bottle(s) is/are labeled with my name.
- The glass bottle(s) is/are wrapped in bubble wrap and inside a Ziploc-type bag.
- That bag with bottle(s) is inside a **LEAD SHIELD FILM BAG**.
- The Evaluation form has been completed and enclosed.
- A check or money order for \$160.00 has been included, or the Credit Card section of paperwork has been filled out.
- The package is being sent by **FedEx only** and is marked for Priority Overnight delivery.
- An appointment has definitely been scheduled at Dr. Kramer's for this Bio-Evaluation!
- This checklist has been completed, signed and enclosed in the box.

I understand that I, the patient, am fully responsible for doing my best to ensure that the specimen sample reaches Dr. Kramer's office in an appropriate and timely manner.

Patient's Signature _____

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